



Green Your Lunch

SIMPLE CHANGES YOU CAN MAKE:

- Bring a reusable water bottle to class & lunch.
- Pack your lunch in reusable containers, paper bags, or wax wraps.
- Send reusable utensils every time!
- Buy items in bulk and portion instead of buying single serving sizes.
- If you must have a straw. Use silicone or stainless steel straws.
- Reuse ice packs.

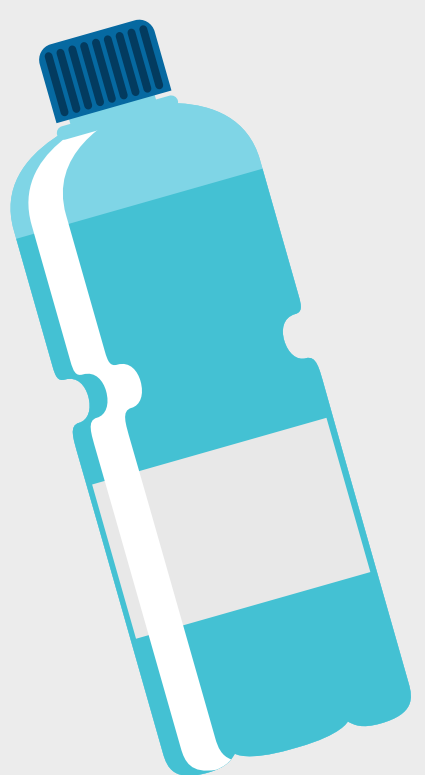
SAY NO TO:

- Plastic Straws
- Plastic Baggies
- Single Use Water Bottles
- Single Use Pouches
- Single Serving Cups
- Juice & Milk Boxes

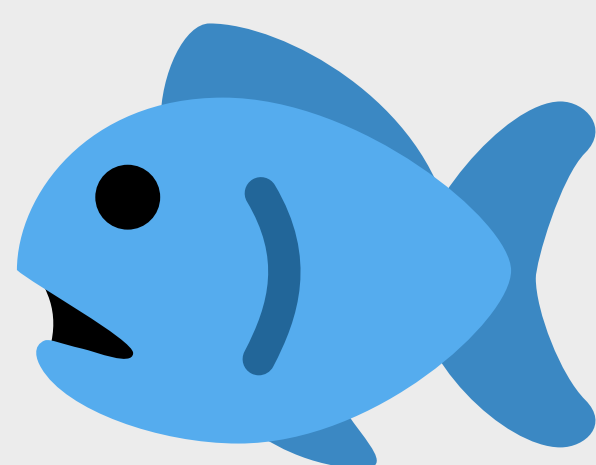
SAY YES TO:

- Reusable Cups
- Reusable Utensils
- Paper Bags
- Aluminum Foil
- Reusable Straws
- Wax wraps

PLASTIC FACTS:



It takes 450 yrs for a single-use plastic beverage bottle to break-up into microplastics & nanoplastics!



By 2050, its estimated that there will be more plastic in the ocean than fish.



A garbage truck's-worth of plastic ends up in our oceans every minute.



Nearly every piece of plastic ever created still exists on the planet today.

FOLLOW THE 4 R'S

REFUSE

Say NO to single use servings! Unnecessary waste like sauce packets, single use drink bottles, straws, and much more!

REDUCE

Reusable bottles, reusable containers, paper bags, wax wraps, & buying in bulk are all things that can help reduce your waste.

REUSE

Along with reusing daily items, you can also creatively reuse items for crafts, storage, and more!

RECYCLE

Empty. Clean. Dry.

Keep It Loose.

Know What To Throw.

Nothing Smaller than a Credit Card.



WANT TO LEARN MORE OR GET INVOLVED?

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